



# Cougar Chronicle



September 10, 2021

Issue 3

Deadline: Wednesday at noon

Send your article through e-mail to Mindy Placke [placke\\_m@stcatharinesiena.org](mailto:placke_m@stcatharinesiena.org)

School Website: [www.stcathos.org](http://www.stcathos.org)

Athletics Website: [www.stc-athletics.org](http://www.stc-athletics.org)



## Lunch Menu Sept. 13 - 17

**Monday** - Chicken nuggets, mixed green salad, broccoli, peaches, milk

**Tuesday** - Cheese burger, sweet potato fries, mixed vegetables, pears, milk

**Wednesday** - Tacos, (hard or soft shell), shredded cheese, shredded lettuce, sour cream, applesauce, milk

**Thursday** - Hot dogs, potato wedges, succotash, pineapple, milk

**Friday** - Cheese pizza, mixed green salad, baby carrots, garlic bread, mixed fruit, milk

## September Dates

Sept. 15 Picture Day

Sept. 15 School Committee Mtg 6:30

Sept. 15 PTA Board Mtg. 7:30



## From the Desk of Mr. Metz

Dear St. Catharine Parents,

### •Picture Day

Picture day is Wednesday September 15<sup>th</sup>.

Order forms are being sent home today,

please be on the lookout for these forms. Completed forms should not be sent to school prior to picture day, students must give money and forms directly to the photographer or place order online. This is an out of uniform day, however all students should be dressed appropriately.

### •COVID 19

Parents, please continue to monitor your children's health and have them stay home if they are showing any signs of illness. We appreciate all your efforts in keeping our school safe.

### •Volunteers Needed

We could use some parent volunteers to help cover recess. This would involve being at school one Thursday a month from 11:30 to 12:45 to monitor the students while they are at recess. There would be a teacher with you as well. Please contact the office if you are able to help us out.

### •Drop Off/Pick Up Procedures

Reminder that you may only drive through the parking lot during morning drop off, you may not use the lot to turn around during the afternoon pick up. We will be using orange cones to block the driveway entrance in the afternoon.

### **•Dress Code**

I have noticed some students are not always in compliance with our dress code. Please see pages 16-18 in the student handbook, which can be found under the school tab of our parish website. [www.stcathos.org](http://www.stcathos.org) just click on documents and then downloaded forms. Also, the handbook states that students cannot have extreme or distracting hair, principal's discretion. Students' hair must be a natural color, in other words no green, blue, purple etc.

### **•Walk-a-Thon**

We are planning to have our annual walk a thon fund raiser on Friday October 8<sup>th</sup>. Please watch for additional details being sent home soon.

Mr. Jerry Metz  
Principal



### **•Birthday Treats**

Please remember birthday treats are only allowed to be one individually wrapped treat such as a cookie, a cupcake, or a brownie, etc. We are not having full blown birthday parties here at school for every child's birthday, that should

be done at home. Here is an example of a pre-wrapped cupcake by Hostess that a student brought. Just the right size (remember the students already have a full lunch to eat) and it says birthday right on the package! Thanks for your understanding in this matter.

### **Cub Scout & Boy Scout Sign Up**

Cub Scout and Boy Scout sign-ups will be held in the cafeteria on September 14 from 6:30 to 7:30 p.m. Cub Scouts involves boys from Kindergarten through the 5th grade. Boy Scouts have boys from the middle of the 5th grade through the 12th.

### **Elder HS News** **Elder Shadow Days:**

A shadow visit is the best way for an 8th grade boy to experience what a day at Elder High School is like! Be led by an Elder student for an entire day, and see what it's like to be a Panther!

The preferred shadow dates, and additional information can be found at [www.elderhs.org/shadow](http://www.elderhs.org/shadow).

### **Elder Financial Aid & Scholarship Information Night:**

The Financial Aid Scholarship Information Night is a great opportunity for prospective families to learn about our robust tuition assistance program. We will discuss application deadlines and how to apply for these funds. Thursday, September 16<sup>th</sup> - 6:00 - 7:00 PM  
RSVP at [www.elderhs.org](http://www.elderhs.org) - check out the "Upcoming Events" at the bottom of our homepage. This event is intended for 8th grade parents/guardians.

### **Elder Soccer Grade School Night:**

All grade school students are invited to attend Elder Soccer Grade School Night as the Panthers take on the Lakota West Firebirds at the Panther Athletic Complex (PAC). Free admission and giveaways to all grade school students! Saturday, September 25<sup>th</sup> - JV begins at 5:00 PM - Varsity begins at 7:00 PM  
PAC - 1915 Quebec Rd, Cincinnati, OH 45205

### **Elder & Seton Football Tailgate Party & Grade School Night:**

Join us for Football Grade School Night as the Panthers battle against Indianapolis Roncalli in The Pit. All 7th & 8th grade students are invited to a free tailgate party before the game, and all grade school students will receive free admission to the game!

Friday, October 8<sup>th</sup> - 7<sup>th</sup> & 8<sup>th</sup> Grade Tailgate party begins at 5:30 PM - Kickoff at 7:00 PM Register for the Tailgate Party at [www.elderhs.org](http://www.elderhs.org) - check out the "Upcoming Events" at the bottom of our homepage.

## Seton HS News Hey, Future Saints!

We hope to see you at our upcoming Grade School Athletic Night where we will cheer our Saints to victory! Join us for games, giveaways and fun, and experience the Spirit of Seton in the student cheering section. Go Saints!

**Grade School Soccer Night - Wednesday, Sept. 15**  
Festivities begin at 6:30 p.m. at the PAC (1915 Quebec Road) with the Varsity game beginning at 7:00 p.m.

## Seton Shadowing

All 8<sup>th</sup> grade girls are invited to Ignite your Seton Spirit and schedule your Shadow visit today! Shadow dates include October 8, 15, 22 and 29 as well as November 19. Spots fill quickly, so be sure to visit the Future Saints page on our website and register today at [www.setoncincinnati.org](http://www.setoncincinnati.org)!

## St. Ursula HS News

### Upcoming Events at Saint Ursula Academy:

**Dawg for a Day** - 8<sup>th</sup> grade girls are invited to spend a day at SUA! During your special day, you will visit classes, tour our campus, enjoy lunch, meet teachers, and experience the sisterhood that makes Saint Ursula so special! Multiple days are available through December 3. Sign up at [www.saintursulaevents.com/shadow-day](http://www.saintursulaevents.com/shadow-day)

**Educational Services Program Information Night** - September 8 at 6:30. Meet teachers from Saint Ursula's ES Program and find out how SUA supports students with identified learning disorders. Registration available at [www.saintursulaevents.com/educational-services-information-night](http://www.saintursulaevents.com/educational-services-information-night).

**Admissions Information Night** - September 22 at 6:30. This program for 7<sup>th</sup> and 8<sup>th</sup> grade girls and their parents will cover the admissions process for Saint Ursula Academy. Sign up at [www.saintursulaevents.com/admissions-information-night](http://www.saintursulaevents.com/admissions-information-night)

**Grade School Volleyball Night** - September 28 at 6:30. Cheer on the Bulldogs with free admission to the varsity volleyball game for students, parents, and coaches! Register at [www.saintursulaevents.com/volleyball-night](http://www.saintursulaevents.com/volleyball-night)

**SAVE THE DATE - Open House** - Sunday, October 24. 7<sup>th</sup> and 8<sup>th</sup> grade girls and their families are invited to take an in-depth look at all that SUA has to offer. RSVP REQUIRED at [www.saintursulaevents.com/open-house](http://www.saintursulaevents.com/open-house)  
More information about these events, and additional upcoming events, can be found at [www.saintursula.org/visit.aspx](http://www.saintursula.org/visit.aspx)  
We hope to see you on campus soon! Go Bulldogs!

## La Salle HS News

### La Salle Shadow Days

La Salle is excited to welcome young men from the current 8<sup>th</sup>-grade class to experience a day in the life of a Lancer. Students will be paired up with a La Salle Student Ambassador and will attend classes, have lunch, tour the building and meet staff during their visit. To sign up for a shadow day, or for more information, please visit [futurelancers.com](http://futurelancers.com)

### La Salle Information Nights and Open House

La Salle information nights are designed for parents and guardians to learn more about life at La Salle, the admissions process, deadlines, financial aid, scholarships and more. Dates for Information Nights are October 13, 19 and 27 from 7:00 - 8:00 pm. Doors will open at 6:45 pm, please use the courtyard entrance. Save the Date for Open House on November 7, 2021. Visit [futurelancers.com](http://futurelancers.com) for more information or email [admissions@lasallehs.net](mailto:admissions@lasallehs.net) with questions. [Click here](#) to download a pdf copy of important dates.

### La Salle Grade-School Night 9/17

Grade-school age students are invited to Lancer Stadium on September 17 as the Lancer football team takes on DuPont Manual. Students will form a tunnel on the field for the team to run through prior to kickoff. Admission for students is FREE. Please visit [our website](#) for more details. We look forward to seeing you there!

If your daughter is interested in playing volleyball this fall, please sign up.  
Looking for more 5th and 6th graders to form a team.  
Please see attachment for more information about signups.  
Laura Kamphaus  
513-481-5361

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## **2021-2022 ST. CATHARINE'S GIRL'S VOLLEYBALL SIGNUPS**

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### **Grades 3<sup>rd</sup> – 8<sup>th</sup> & High School**

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Season runs November 2021 – January 2022

All sign ups due 9/02/2021

*Practices start first week of November with games beginning first week of December*

Sign up link: <http://stc-athletics.org/athletics/volleyball/>  
*(If link is not working, please notify of your interest via email)*

Fees to play are \$45 per child.

Pay online with credit card or

Mail a check to:

Laura Kamphaus; 2848 Ratterman Ave; Cincinnati, OH 45211

We are seeking Coaches & Assist Coaches for all teams.

Please email me if you are interested.

Any questions, please contact Laura Kamphaus

Email: [stcatharinevolleyball@gmail.com](mailto:stcatharinevolleyball@gmail.com)

Phone: 513-703-3783



5770 Springdale Rd. • Cinti. OH. 45247 • [IndoorSoccerCity.com](http://IndoorSoccerCity.com)

# RIVER'S EDGE

513.264.1775

I N D O O R S P O R T S

5255 St. Rt. 128 • Cleves OH. 45002  
[RiversEdgeIndoor.com](http://RiversEdgeIndoor.com)

- Soccer Instructional Programs for 2 years old and up
- Soccer Leagues for All Ages - Recreational & Competitive
- New 5-A-Side "on turf" Ages 8 yrs. to 18 yrs... call for more information
- Ask about **DOUBLE SESSION DEALS**
- Soccer Leagues for Adults Year-Round
- Flag Football Leagues for both Youth & Adult
- Lacrosse Leagues
- Indoor Softball Leagues for Men & Coed
- T-Ball for Ages 4-6
- Field Rentals, Parties & Banquets