Lunch Menu Sept. 9 - 13

**Monday** - Popcorn chicken, mashed potatoes with gravy, green beans, sliced peaches, milk

**Tuesday** - Cheese coney, fries, corn, mixed fruit, milk

**Wednesday** - Taco (hard or soft shell), shredded cheese, shredded lettuce, sour cream, applesauce, milk

**Thursday** - Chicken fajita, brown Spanish rice, sweet potato fries, pineapple, milk

**Friday** - Pepperoni pizza, mixed green salad, garlic bread, lime jell-o squares, milk

**Important Dates**

- **Sept. 11** - Picture Day
- **Sept. 18** - School Committee mtg. 6:30, PTA Board mtg. 7:30

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**From the Desk of Mr. Metz**

Dear St. Catharine Parents,

**Picture Day**

Picture day is Wednesday September 11th. Last week we sent home an incorrect order form (it had the wrong school name) this week we sent the correct form home. Please be sure to have all order forms or online orders ready to go on the 11th. Order forms should not be sent to school prior to picture day, students must give money and forms directly to the photographer or place order online. This is an out of uniform day, however all students should be dressed appropriately.

**Morning Procedures**

Please be mindful that when you are dropping your children off in the morning, they need to exit the car on the curb side, not into the street. Also, if children are being dropped off or picked up on the other side of the street, they must go to the crosswalk to cross the street. If you drop off on the school side and wish to turn around, do not turn around in driveways, instead you may go through the school parking lot (this applies only for morning drop off, not afternoon pickup) and exit onto Meyer Place.

**Entering School**

If for any reason you need to enter the school building in the morning please do not park your car along the front curb where students are dropped off, this disrupts the drop off procedures. Please park in the rear parking lot and enter school through the breezeway doors.

**Title I**

Students that are eligible to receive Title I tutoring services were sent home permission slips this week. Please be sure to check for these envelopes and return them as soon as possible.
• **Walking Students into School**

Effective Monday September 2nd, parents can no longer walk their children into the school building during morning drop off. For safety reasons we cannot have teachers being distracted while they are monitoring their homerooms. If you need to confer with a teacher you must set up an appointment.

• **Birthday Treats**

Please remember birthday treats are only allowed to be one individually wrapped treat such as a cookie, a cupcake, or a brownie, etc. We are not having full blown birthday parties here at school for every child’s birthday, that should be done at home. Here is an example of a pre-wrapped cupcake by Hostess that a student brought in last week. Just the right size (remember the students already have a full lunch to eat) and it says birthday right on the package! Thanks for your understanding in this matter.

• **Walk A Thon**

Our major school fundraiser this year will be a Walk A Thon on Tuesday October 5th. We will have plenty of fun and games along with various incentives to help ensure we reach our goal of $12,000. All the proceeds from this fundraiser go directly to offsetting the enormous cost of running our school. Through the generosity of the ESAP foundation we have the opportunity to have our funds matched by 1.5 times whatever we raise, (up to $12,000). Therefore, if we can raise $12,000 the ESAP foundation will match an additional $18,000, EASP also gives each participating school $6,000 up front, thus bringing our potential total to $36,000. I am asking each family to make every effort to contribute at least $100 in order to meet our goal. Many families here at St. Catharine are very fortunate to be receiving Ed-Choice Scholarship money thus avoiding the cost of paying tuition, therefore I am asking you to be as generous as possible to this important fundraiser. Thank you in advance.

• **Option C**

Option C log in information for parents of new students was sent home this week, please be sure to check your child’s backpacks for your log in information sheet.

Mr. Jerry Metz
Principal

LaRosa’s Buddy Cards

Stop by the school office and get your Buddy Card great for having people over when watching the games on TV. Only $10.00 - 14 offers on each card. “Buy any Large Pizza, get a Large Cheese Pizza FREE” All proceeds benefit St. Catharine PTA.

“Booking the Gym, Cafeteria, and other Meeting Rooms”

Any school or church organization or sports team in need of reserving the Gymnasium, Cafeteria, Parish Meeting Room, Courtyard, Room 9 or Rectory Meeting Room MUST contact the Parish Office in advance at 661-0651 or email: mukuda_j@stcatharinesiena.org to avoid any conflicts. This includes meetings, parties, practices and games.

Thank you!
Julie Mukuda Church Secretary

Boy Scout Sign Ups

Scout Sign-ups are on Tuesday Sept. 10 from 6:30 - 7:30 at school. Questions you can call Charlie Ulrich 513-481-8434 or email him @ culrich@fuse.net. You can also look at fliers handed out at school.

ATTENTION ALL SERVER FAMILIES
You should have received an email last week from St.
Catharine of Siena Church with your specific server
assignments and the whole ministry schedules attached.
This schedule begins on September 10 and goes through
the Fall and holy days, and ends on January 5, 2020.
If you did not receive this email check your spam
account and notify the school office or church secretary.
If you did receive it, please mark your calendars for your
serving assignments and be alert to the need for servers
at any mass you attend. You are always welcome to step
in and serve. Thank you so much.

Mercy McAuley News
Mercy McAuley Shadow
Day Registration Now Open

Eighth grade girls are invited to experience Mercy McAuley by
scheduling a Shadow Day! On their Shadow Day, eighth
graders will spend a day with a Mercy McAuley Student
Ambassador. They'll experience her classes, teachers
and schedule, meet other Mercy McAuley students and
get a sense for what it's like to be a Mercy McAuley
Wolf. A variety of dates are available from September
through November. Register at www.mercymcauley.org/
Shadow.

Mercy McAuley High School Holds Grade
School Soccer Night on September 9

Mercy McAuley High School, located at 6000 Oakwood
Avenue in College Hill, will hold a Grade School Soccer
Night on Monday, September 9. The varsity game
begins at 6:15 p.m., when the Mercy McAuley Wolves will
take on St. Ursula. Grade school girls who attend will
receive free admission to the game, will enjoy snacks and
giveaways, and will learn cheers with current Mercy
McAuley students. Any questions can be directed to Alli
Miazga, Recruitment & Admissions Coordinator, at (513)
681-1800 x2272 or miazgaa@mercymcauley.org.

Mercy McAuley Offers 8th Grade Parent
Info Sessions

Eighth grade parents are invited to attend a Parent
Information Session to learn more about Mercy McAuley
directly from school leaders. These sessions will cover
topics including: Academics, Schedule and Technology;
Counseling and Student Services; Faith, Service and
Campus Ministry; Athletics and Extracurriculars; and
Tuition and Financial Aid. Parents will have the
opportunity to ask questions. These sessions are
conducted in a smaller group format, different from an
Open House. Sessions will be held on the following dates:
- Wednesday, September 11 - 8 to 9:30 a.m.
- Wednesday, September 25 - 6:30 to 8 p.m.
- Thursday, October 10 - 6:30 to 8 p.m.
- Monday, October 14 - 8 to 9:30 a.m.
- Tuesday, October 22 - 6:30 to 8 p.m. TUITION
& FINANCIAL AID SESSION ONLY (This
session is for parents who want to focus
solely on tuition and financial aid, how to
complete the FACTS Financial Aid Form, etc.
Please note that we will touch on tuition and
financial aid in all of the sessions; however,
the Oct. 22 session will be dedicated
exclusively to this topic.)
- Wednesday, November 13 - 6:30 - 8 p.m.
Register for a Parent Info Session at
www.mercymcauley.org/InfoSessions.

6th & 7th Grade Girls Invited to Join Mercy
McAuley Wolf Pals Program

Sixth and seventh grade girls are invited to join Mercy
McAuley’s Wolf Pals Program! Similar to a traditional
“pen pal” program, the Wolf Pals Program connects 6th
and 7th graders with a Mercy McAuley Student
Ambassador, who will mail them a letter at least once a
quarter - or as often as the pals want to write to each
other. This is an easy way for sixth and seventh grade
girls to get to know a Mercy McAuley student, find out
what she likes about Mercy McAuley, and make a new
friend! To learn more and to register for the program,
visit www.mercymcauley.org/WolfPals.
Mount Notre Dame News

Grade School Soccer Night – Sept. 9
Open to all girls in grades 5-8 who would like to visit MND and watch our soccer team in action. Attending grade school girls should meet up with the Cougar in front of the gate to the field at 6:45 PM to register and receive an MND souvenir. The varsity game vs. Seton begins at 7 p.m. (JV game at 5 p.m.). There is no admission charge for girls in grades 5-8 to attend.

Information Night – Sept. 11 6:30 PM
Attending an Information Night is a great way to learn about the MND Experience. Prospective 6th - 8th grade students and their families are invited to learn more about a Mount Notre Dame education. The program includes:
• A panel presentation featuring MND alumnae, faculty, parents and students with an opportunity to ask questions
• MND administrators available to share MND's Academic, Student Life and Spiritual Development programs and meet individually with families
• MND Finance and Admissions representatives on hand to share information on tuition/financial aid/scholarships and the admissions process
Please register at www.mndhs.org/admissions.

Shadowing at MND
Eighth grade girls are welcome to spend a full school day "shadowing" a current MND freshman or sophomore to experience a day in the life of an MND student and see what MND is all about! MND encourages students to choose a day when their grade schools/junior high schools are not in session. The dates listed below are available for visiting eighth graders:
• September 9, 10, 16, 17, 18, 23, 25, 27, 30
• October 2, 4, 7, 8, 9, 14, 15, 21, 22, 23, 28, 29
• November 5, 6, 11, 12, 13, 19
• December 4, 6
• January 24, 27
Please register at www.mndhs.org/admissions.

New MND Website
Mount Notre Dame is pleased to announce the launch of a redesigned website at www.mndhs.org. The site features a clean, modern interface and includes aesthetic enhancements to provide a more engaging user experience for both current and prospective students and families. Enhanced navigation and search options are included to help visitors easily find information. Please be sure to check it out!

Seton News

Seton’s Soccer Grade School Night
Join us for Seton’s Soccer Grade School Night on Wednesday, Sept. 11 at the PAC (Panther Athletic Complex) as the Saints play SUA! Festivities kick off at 6:30 p.m. with giveaways, temporary tattoos, cheers and FUN! All kids get free admission. JV plays at 5 p.m. and Varsity plays at 7 p.m.

SHADOW at SETON!
All 8th grade girls are invited to SHADOW at SETON! We are excited to have you join us and be a Saint for a Day as you shadow a current Seton student and experience how we are anchored in academic excellence! Sail into our upgraded campus and you’ll get to see our new windows, air conditioning, lighting, Halo Café, Coffee Shop and The Grove! Shadow days are available from Sept. 20-Nov. 26. Spots fill up quickly, so please fill out your shadow request online at www.setoncincinnati.org. Please contact our Director of Advancement, Sarah Cranley Lykins ’02, at 513-471-2600 ext. 2422 or lykins@setoncincinnati.org with any questions.
#SailAtSeton #AnchoredInExcellence
OPEN HOUSE
SUNDAY, NOVEMBER 17
Join us for Open House on Sunday November 17 from 1 – 4 p.m. We welcome ALL prospective families to experience our campus.

X-PERIENCE DAYS
BEGIN SEPTEMBER 10
Register for an X-Perience Day (also known as shadowing.) Open dates can be found at stxavier.org/admissions

HSPT (High School Placement Test)
SATURDAY, NOVEMBER 23
Prep classes at St. X take place on November 2 and 9. Sign-ups for the class can be found at stxavier.org/admissions

Applications must be complete no later than Friday, November 29
Shadow Days

Beginning on September 23rd
This is the best opportunity to for an 8th Grader to see Elder High School!

Open House

Thursday, November 14th 5:00-8:00 PM
Come for a tour of our historic and newly-renovated campus, meet our faculty/staff, and learn about what makes Elder so great!

High School Placement Test (HSPT)

Saturday, November 23rd 8:30 AM-12:30 PM
Prep Class is available on November 9th.
HSPT is a requirement for incoming freshman.

Find more information, sign-ups, and application at www.elderhs.org/admissions

Priority Application Deadline on Friday, December 6th
Admissions
Events 2019

Shadow Day
September 9 through December 6
The shadow program allows 8th grade girls to attend a day of classes with current students. See how the Tablet PC is used in class, check out the lunch room, meet future teachers and be a Bulldog for the day!

Educational Services Program Information Night
September 4, 6:30 pm – 7:30 pm
Meet teachers from our Educational Services Program and find out how Saint Ursula supports students with identified learning disabilities.

Strategizing the HSPT and HS Admissions
September 18, 6:30 – 7:30 pm
This program, in partnership with LEAP, is beneficial for 7th and 8th grade girls and parents.

Grade School Volleyball Night
October 1, 6:30 pm
Come cheer on the Saint Ursula Academy Varsity Volleyball Team when the Bulldogs take on Notre Dame Academy. Free student admission (parents and coaches too!) when you wear your school spirit wear. Enter to win prizes between matches (winners must be present!)

Young Women’s Institute, Multicultural and Empowerment Retreat
October 12, 8:00 am – 3:00 pm
Girls in grades 6 – 8 are encouraged to celebrate diversity and be empowered to be her own best self! The retreat will include a variety of community and skill building activities. Registration is limited.

Financial Aid Information Night
October 16, 7:00 – 8:00 pm
This session will include an overview of the financial aid application process, the FACTS tuition payment and aid application system, and Q&A with Business Office staff.

Open House
October 27, 1:00~ 3:30 pm
Take an in-depth look at all Saint Ursula Academy has to offer! Classrooms will be open with our distinguished faculty engaging you in a 21st century education! No RSVP necessary.

HSPT Review and Strategies Course
November 2, 9:00 am~3:00 pm
This one day overview course for girls in the 8th grade will allow them to learn test-taking tips, review content of the High School Placement Test, familiarize themselves with the test format, and increase confidence.

Spotlight Night
November 6 & December 3, 6:30 - 8:00 pm
This hour program for 7th and 8th graders and parents will shine a spotlight on the many parts of the Saint Ursula education. Get inside information on academic programs, student life and more!

Dinner and a Show!
November 20, 7:00 pm
8th grade girls, come see our SUA fall production: The Drowsy Chaperone dress rehearsal. Tickets for the event will be half price ($5) and the evening will include a pizza dinner in our Keller Student Center from 6:00 – 6:30 pm. Tickets are limited to two per student and are on a first come, first served basis.

High School Placement Test
November 23, 8:30 am~12:00pm
All 8th grade girls must take the High School Placement Test to apply to Saint Ursula Academy. We host a test site and accept test scores taken at any other Catholic school in the city.

Grade School Basketball Night
December 5, 7:00 pm
Come cheer on the Saint Ursula Academy Varsity Basketball Team when the Bulldogs take on Little Miami High School. Free student admission (parents and coaches too!) when you wear your school spirit wear. Enter to win prizes between matches (winners must be present!)

To register for events, visit: https://www.saintursula.org/Visit.aspx
Questions? Please contact Michelle Dellecave, Director of Admissions
mdellecave@saintursula.org or (513)961-3410 x183

Saint Ursula Academy is a dynamic Catholic educational community rooted in the Ursuline core values. Saint Ursula promotes academic excellence, honors the uniqueness of each person, and transforms young women into thinkers, leaders, nurturers, and prophets committed to building a better world.
DANCE FOR BOYS, 3-5 year olds  
Mondays, 4:30-5:30pm  
LaRosa’s Dance Studio  
Instructor: Zac Holman  
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance.  
Registration: $75

DANCE FOR BOYS, 6-10 year olds  
Mondays, 5:30-6:30pm  
LaRosa’s Dance Studio  
Instructor: Zac Holman  
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance.  
Registration: $75

MUSICAL THEATER DANCE, 9-13 year olds  
Tuesdays, 6-7pm  
LaRosa’s Dance Studio  
Instructor: Sarah Willis  
This class is perfect for those who have 1-2 years of dance experience (in any style) and want to increase their skills and experience in musical theatre dance. Students will learn age-appropriate routines set to musical theatre favorites in a variety of styles ranging from golden age to contemporary. Dancers will work on telling a story while they dance, as well as learn basic turns, kicks and leaps to prepare them for advanced training.  
Registration: $75

CREATE YOUR OWN PLAY, 10-13 year olds  
Wednesdays, 5:30-6:30pm  
LaRosa’s Dance Studio  
Instructor: Jackie Smith  
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more!  
Registration: $75; Material fee: $15; Total: $90

MUSICAL THEATRE DANCE INTENSIVE: TECHNIQUE AGES 14+  
Thursdays, 6-7:30pm  
LaRosa’s Dance Studio  
Instructor: Maggie Perrino  
This class is a fantastic way to practice skills needed for advanced level musical theatre. Emphasis will be on learning a variety of styles, picking up choreography, technique, and audition prep. This class will take the time to break down more complex steps and will move at a moderate pace.  
Registration: $75 or $12 drop-in rate

ZUMBINI, Ages 0-4  
Saturdays, 10-11am  
LaRosa’s Dance Studio  
Instructor: Ashley Dobrogosz  
Zumbini is the perfect blend of dance, music, and fun for children ages 0-4 and their caregivers. Classes focus on social-emotional development, fine and gross motor skills, language proficiencies, and bonding between little ones and the adults they love!  
Registration: $75 per child

WERK IT CARDIO, Ages 18+  
Saturdays, 11am-noon  
LaRosa’s Dance Studio  
Instructor: Jeremy Cox  
This high intensity dance fitness class incorporates fitness routines and party dancing choreography with some of your favorite pop songs. Leave your stress behind and set your fierce self free in this safe, fun, judgement-free zone class.  
Registration: $50 or $10 drop-in rate

IMPROV FOR TEENS, 13-18 year olds  
Saturdays, noon-1pm  
LaRosa’s Dance Studio  
Instructor: Zach Robinson  
Improv, short for improvisation, is a fast-paced, often hilarious form of theater. Learn how to think on your feet, be a better communicator, and have fun!  
No experience necessary. Great for beginners!  
Registration: $75

IMPROV FOR ADULTS, Ages 18+  
Saturdays, 1-2:30pm  
LaRosa’s Dance Studio  
Instructor: Zach Robinson  
Improv, short for improvisation, is a fast-paced, often hilarious form of theater. Learn how to think on your feet, be a better communicator, and have fun!  
No experience necessary. Great for beginners or people with 1-2 years experience in improv practices.  
Registration: $100

PRE-K BALLET, 3-5 year olds  
Mondays, 4:30-5:15pm  
Richard & Helen Hand Dance Studio  
Instructor: Ashley Dobrogosz  
Does your child love tutus and ballet slippers? This beginner class introduces the basics of ballet that every tiny dancer needs to know. While incorporating creative activities/games to get your little one moving they will learn the basics of ballet in a fun, positive atmosphere.  
Registration: $75

JAZZ/MODERN, 11-14 year olds  
Mondays, 5:30-6:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Ashley Dobrogosz  
This class will give young dancers a look at what jazz dance really is! Jazz is one of the most diverse genres that can have influences of modern, ballet, musical theater, and contemporary. With fun, upbeat music to help us move these students will work on their rhythm, flexibility, and strength!  
Registration: $75

BASIC THEATER & DRAMA, 12-16 year olds  
Tuesdays, 5:30-6:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Keith Minnery  
This class is a general introduction to theater for students who want to learn more about acting. The class will review basic terminology and fundamentals and includes a parent showcase the last week of class.  
Registration: $75

For more information or to register, visit: www.CLPshows.org/MEC
DANCE FOR BOYS, 3-5 year olds  
Mondays, 4:30-5:30pm  
LaRosa's Dance Studio  
Instructor: Zac Holman  
Let's hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance.  
Registration: $75

DANCE FOR BOYS, 6-10 year olds  
Mondays, 5:30-6:30pm  
LaRosa's Dance Studio  
Instructor: Zac Holman  
Let's hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance.  
Registration: $75

INTRO TO DANCE, 5-8 year olds  
Wednesdays, 5:30-6:30pm  
LaRosa's Dance Studio  
Instructor: Maddie Vaughn  
This class is great for students who have never taken a dance class but want to know more about the study of dance. A variety of styles will be explored and a technical foundation will be built, but all in a recreational, fun setting.  
Registration: $75

INTRO TO DANCE, 8-12 year olds  
Wednesdays, 6:30-7:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Maddie Vaughn  
This class is great for students who have never taken a dance class but want to know more about the study of dance. A variety of styles will be explored and a technical foundation will be built, but all in a recreational, fun setting.  
Registration: $75

INTRO TO TAP, Ages 16+  
Wednesdays, 6:30-7:30pm  
LaRosa's Dance Studio  
Instructor: Katey Blood  
Always wanted to learn how to tap but never had the time? Here's your chance! Join us as we cover the basics of tap in a casual and fun learning environment.  
Registration: $75 or $12 drop-in rate

ZUMBINI, Ages 0-4  
Saturdays, 10-11am  
LaRosa's Dance Studio  
Zumbini is the perfect blend of dance, music, and fun for children ages 0-4 and their caregivers. Classes focus on social-emotional development, fine and gross motor skills, language proficiencies, and bonding between little ones and the adults they love!  
Registration: $75 per child

STORY TIME YOGA, 3-8 year olds  
Saturdays, 11am-noon  
LaRosa's Dance Studio  
Instructor: Annie Fletcher  
It's a story with a twist- literally! Join us for a unique story time that incorporates yoga-inspired elements for a literacy class that's tons of fun.  
Registration: $50 or $10 drop-in rate, per child

PRE-K BALLET, 3-5 year olds  
Mondays, 4:30-5:15pm  
Richard & Helen Hand Dance Studio  
Instructor: Ashley Dobrogosz  
Does your child love tutus and ballet slippers? This beginner class introduces the basics of ballet that every tiny dancer needs to know. While incorporating creative activities/games to get your little one moving they will learn the basics of ballet in a fun, positive atmosphere.  
Registration: $75

PUPPET PALOOZA, 4-8 year olds  
Tuesdays, 6:30-7:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Karie Gipson  
Every Tuesday is a puppet party at the MEC! Get hands on with awesome Madcap Puppets, see some mini stories like "The Gingerbread Man," and create some of your own puppets to take home!  
Registration: $75; Materials fee: $10; Total: $85

WHAT'S THE STORY? 12-16 year olds  
Tuesdays, 7:30-8:30pm  
Swath Art Studio  
Instructor: Karie Gipson  
What do Gone With the Wind, The Glass Menagerie, and Harry Potter and the Sorcerer's Stone all have in common? A solid beginning, middle and end. Learn the ins and outs of being a great storyteller or screen writer in this one of a kind writing class.  
Registration: $75; Materials fee: $; Total: $80

CREATE YOUR OWN PLAY, 3-5 year olds  
Wednesdays, 3:30-4:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Jackie Smith  
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more!  
Registration: $75; Material fee: $15; Total: $90

CREATE YOUR OWN PLAY, 6-9 year olds  
Wednesdays, 3:30-4:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Jackie Smith  
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more!  
Registration: $75; Material fee: $15; Total: $90

CREATE YOUR OWN PLAY, 10-13 year olds  
Wednesdays, 3:30-4:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Jackie Smith  
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more!  
Registration: $75; Material fee: $15; Total: $90

For more information or to register, visit:  
www.CLPshows.org/MEC
SMALL GROUP MUSICAL THEATER SINGING
Saturdays, 11am-noon
Music Studio
Instructor: Samantha Bicknell
This small-group class is perfect for those with singing experience who want to improve vocal flexibility and strengthen their voice performance.
Enrollment limited to 6 participants.
Registration: $225

ZUMBA
Tuesdays, 7-8pm
LaRosa’s Dance Studio
Instructor: Sarah Willis
Zumba® is a full-body dance fitness party that mixes low-intensity and high-intensity moves for a super fun workout! Set to Latin and World music, you’ll have a blast while also working on all elements of fitness: cardio, muscle conditioning, balance, and flexibility.
Registration: $75 or $7 drop-in rate

PAY WHAT YOU CAN YOGA
Saturdays, 9-10am
LaRosa’s Dance Studio
Instructor: Kate Burkhardt-Pond
This yoga class is a fun, beginner-friendly introduction to yoga but is great for experienced yogis as well! No set fee, simply pay what you can when you get here, no registration needed.
Registration: Pay what you can! Cash or check only.
Note: Arrive early, as spots go fast!

PUPPET MAKING FOR ADULTS
Thursdays, 6:30-8pm
Swath Art Studio
Instructor: Melanie Mortimore
Fans of puppets rejoice! You can now make your very own one-of-a-kind character. If you grew up watching the Muppets, Eureka’s Castle, or even Howdy Doody, this class is for you. Learn the basics of puppet making from Madcap’s trained and professional staff. This class allows you to make your very own best friend from concept to finished product. A unique experience for anyone wanting to try something new!
Registration: $225; Material fee: $25; Total: $250

PRIVATE LESSONS?
The Madcap Education Center offers private lessons - beginning as young as 4 years old - in piano, guitar, vocal music, bass and more! And private acting coaching is now available for ages 12 and up. Email Blaire Bartish at blairebartish@clpshows.org for more information!

For more information or to register, visit: www.CLPshows.org/MEC

Madcap Education Center
3064 Harrison Ave. • Cincinnati OH 45211 • (513) 241-6550
Junior Tennis Clinics

October 7—December 1, 2019
(8—weeks—Clinics will be prorated for Halloween and Thanksgiving)

Junior Aces—Ages 3-4
Wednesday 1:15 pm or 5:45 pm
Member—$90  Community—$108

Mighty Mites—Ages 5-7
Mon or Wed 6-7 pm or Sun 12:30-1:30 pm
Member—$132  Community—$158

Future Stars —Ages 8-12
Tues or Thurs 6-7 pm or Sun 1:30-2:30 pm
Member—$132  Community—$158

School Champs —Ages 12+
Tues or Thurs 4:30-6pm or Sun 2:30-4 pm
Member—$198  Community—$235

Elite 10S—Competitive-highest level
Mon or Wed or Fri 4:30-6 pm
Member—$198  Community—$235

Your kids will learn tennis and have fun too!
Call and sign up NOW!

Clinics are priced for one day—add a 2nd day receive 20% discount on
2nd day, add a 3rd day receive a 25% discount on 3rd day.
10% discount for siblings

Student membership is $37.99/month to receive member rate—
plus student receives unlimited FREE practice court time

For more information please contact TJ Scheve
tscheve@westernntfc.com

5490 Muddy Creek Road
Cincinnati, OH 45238
513-451-4233
westernntfc.com

YOUR FRIENDS
ARE ALREADY HERE!