Lunch Menu Sept. 16 - 20

Monday - Salad day, baby carrots, ham and cheese wraps, sliced peaches milk
Tuesday - Chicken tenders, mashed potatoes with gravy, mixed vegetables, sliced pears, milk
Wednesday - Chili 3-way, spaghetti, shredded cheese, oyster crackers, applesauce, milk
Thursday - Cheese burger, pickles, potato wedges, corn, pineapple, milk
Friday - Grilled cheese, tomato, broccoli, lime jell-o, milk

Important Dates

Sept. 18 School Committee mtg. 6:30, PTA Board mtg. 7:30

From the Desk of Mr. Metz

Dear St. Catharine Parents,

• Uniform Violations

I have noticed some students are straying a little from the dress code. For your convenience I have attached a copy of the dress code to the back of this week’s cougar. Please keep in mind that only navy or white shirts are permitted.

• Walk-A-Thon (Date Change)

Our major school fundraiser this year will be a Walk-A-Thon on Friday October 11th. We will have plenty of fun and games along with various incentives to help ensure we reach our goal of $12,000. All the proceeds from this fundraiser go directly to offsetting the enormous cost of running our school. Through the generosity of the ESAP foundation we have the opportunity to have our funds matched by 1.5 times whatever we raise, (up to $12,000). Therefore, if we can raise $12,000 the ESAP foundation will match an additional $18,000, bringing our total to $30,000. I am asking each family to make every effort to contribute at least $100 in order to meet our goal. Many families here at St. Catharine are very fortunate to be receiving Ed-Choice Scholarship money thus avoiding the cost of paying tuition, therefore I am asking you to be as generous as possible to this important fundraiser. Thank you in advance.

• Entering School

If for any reason you need to enter the school building in the morning please do not park your car along the front curb where students are dropped off, this disrupts the drop off procedures. Please park in the rear parking lot and enter school through the breezeway doors.
- **Morning Procedures**

Please be mindful that when you are dropping your children off in the morning, they need to exit the car on the curb side, not into the street. Also, if children are being dropped off or picked up on the other side of the street, they must go to the crosswalk to cross the street. If you drop off on the school side and wish to turn around, do not turn around in driveways, instead you may go through the school parking lot (this applies only for morning drop off, not afternoon pickup) and exit onto Meyer Place.

- **Birthday Treats**

Please remember birthday treats are only allowed to be one individually wrapped treat such as a cookie, a cupcake, or a brownie, etc. We are not having full blown birthday parties here at school for every child’s birthday, that should be done at home. Here is an example of a prewrapped cupcake by Hostess that a student brought in last week. Just the right size (remember the students already have a full lunch to eat) and it says birthday right on the package! Thanks for your understanding in this matter.

- **Dress Code for Boys, Grades K-8**

  **Please Note:**

  The principal reserves the right to use discretion regarding the dress code

  - A white or navy-blue shirt must be worn. The shirt can be dress or golf style with long or short sleeves. It should have a collar. Solid white turtlenecks or mock turtlenecks may be worn.

  - If a t-shirt is worn under the shirt, it must be solid white. No colored t-shirts or printed tees are allowed.

  - Shirts must be tucked in with the exception of gym or recess.

  - Corduroy or twill dress pants in navy blue or khaki are worn. Pants cannot be denim or jeans type material. Pants may not have rivets or pockets down the leg. If there are belt loops, a belt must be worn. Belts must be plain black, brown or navy in color. No sweatpants are permitted. Belts are not required for male students in grades K and 1.

  - Dress and cargo shorts only in navy blue or khaki may be worn during the months of August - October 31 and April 1 - June 1 and as announced by the principal. The length of the shorts should be fingertip length or longer when standing.

  - A sweater, sweatshirt or hoodie of solid navy blue, gray or white may be worn. The color must be solid. St. Catharine hoodies or sweatshirts may be worn in place of the sweater.

  - Socks must be worn and they must be solid navy blue, black, gray or white.

  - Gym shoes and dress shoes may be worn. No military, cowboy or construction-type boots or sandals are permitted.

  - Boys may wear a watch, religious jewelry and one post earring. Any other type of body piercing is prohibited.

  - Hair length must be above the eyebrow and collar. Hair must not be extreme or distracting (administrator’s discretion).

  - Jackets, windbreakers, coats, etc. may be worn outdoors and may be brought to the lunchroom. They are not to be worn inside the classroom.

  - No toiletries may be brought to school (after shave, etc.) except deodorant which must be a solid or roll-on and unscented.
**Dress Code for Girls, Grades K-8**

**Please Note:**

The principal reserves the right to use discretion regarding the dress code

- A white or navy-blue dress blouse or golf style shirt must be worn. The blouse may be long or short sleeved. It must have a collar. Solid white turtlenecks or mock turtlenecks may be worn.

- If an undergarment is worn, it must be plain white. No colored printed undergarments are allowed. Plain white t-shirts may be worn under blouses. Colored or printed tees are not allowed.

- Shirts and blouses must be tucked in with the exception of gym or recess.

- Girls in grades K-6 may wear the school plaid uniform jumper. Jumpers must be fingertip length or longer when standing. Girls in grades 6-8 may wear the plaid skirt; it cannot be more than 2 inches above the knee. Girls may wear black or navy-blue shorts under their jumpers/skirts as long as the shorts do not show below the hem of the skirt.

- Corduroy or twill pants in navy blue or khaki may be worn. Pants cannot be denim or jeans type material. Pants may not have rivets or pockets down the leg. If there are belt loops, a belt must be worn. Belts must be plain black, brown or navy in color. No sweatpants are permitted.

- Dress or cargo shorts/skorts in navy blue or khaki may be worn during the months of August - October 31 and April 1 - June 1, and as announced by the principal. Shorts must be fingertip length or longer when standing. If shorts are worn under the skirt, they must not go past the hem of the skirt. Capri pants in navy blue or khaki may be an option for shorts.

- A sweater, sweatshirt or hoodie of solid navy blue, gray or white may be worn. The color must be solid. St. Catharine hoodies or sweatshirts may be worn in place of the sweater.

- Leggings, tights and stretch pants in solid colors of navy blue, black, gray or white may be worn under the jumpers and skirts. All leggings must be plain without decoration or writing. Regular navy blue or khaki uniform pants may be worn under the skirts or jumpers also.

- Socks must be worn, and they must be solid navy blue, black, gray or white.

**Dress Code Girls, Grades K-8 (continued)**

- Dress shoes or gym shoes may be worn. No high heels, sandals or boots. Snow boots may not be worn during the school day. Students must change from boots to shoes upon arrival at school.

- Girls may wear a watch, religious jewelry and one pair of post earrings. Any other type of body piercing is prohibited. Girls may not wear other necklaces, bracelets or rings.

- Hair must not be distracting or extreme. Hair sprays and gels may not be brought to school. Headscarves, bows, hats and bandannas are not permitted. Navy blue, black, grey or white headbands may be worn. If beads are worn in hair they must be minimal (principal’s discretion) and they must be solid navy blue, black, grey or white.

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Mr. Jerry Metz
Principal
ATTENTION ALL SERVER FAMILIES

You should have received an email last week from St Catharine of Siena Church with your specific server assignments and the whole ministry schedules attached. This schedule begins on September 10 and goes through the Fall and holy days, and ends on January 5, 2020. If you did not receive this email check your spam account and notify the school office or church secretary. If you did receive it, please mark your calendars for your serving assignments and be alert to the need for servers at any mass you attend. You are always welcome to step in and serve. Thank you so much.

2019 - 2020
St. Catharine Boy’s Basketball Signups

Grade levels 3rd thru 8th
Season starts Dec. 1st, with practice starting Nov. 1st

Sign up and pay at http://stc-athletics.org/athletics/boys-basketball/
Or mail checks to
St. Catharine Athletic Assoc.
2676 Cyclorama Drive
Cincinnati, OH 45211

Any questions contact Nate Roedig
Email: nate.roedig@ge.com Phone: 513-675-7301

ROOM PARENTS NEEDED

The St Catharine PTA is once again in search of 2 parents per class who would be willing to volunteer a little time this school year as room parents. The main responsibilities would include coordinating the 2 classroom parties, Christmas and End of the School Year and coordinating with your other parents for the classroom auction basket (more details to follow). The PTA or your homeroom teacher may also ask for your assistance in relaying information to the parents of your class about various events throughout the school year. This is a great opportunity for parents to get those volunteer hours in and also get to know the other students in your child’s class. If you are willing to volunteer as room parent, please send your contact info & the grade you would like to help with to me at: kspieser1@yahoo.com.
Thank you for your consideration,
Kerry Spieser, Room Parent Coordinator

Mercy McAuley News

Mercy McAuley Offers 8th Grade Parent Info Sessions

Eighth grade parents are invited to attend a Parent Information Session to learn more about Mercy McAuley directly from school leaders. These sessions will cover topics including: Academics, Schedule and Technology; Counseling and Student Services; Faith, Service and Campus Ministry; Athletics and Extracurriculars; and Tuition and Financial Aid. Parents will have the opportunity to ask questions. These sessions are conducted in a smaller group format, different from an Open House. Sessions will be held on the following dates:

• Wednesday, September 25 - 6:30 to 8 p.m.
• Thursday, October 10 - 6:30 to 8 p.m.
• Monday, October 14 - 8 to 9:30 a.m.
• Tuesday, October 22 - 6:30 to 8 p.m. TUITION & FINANCIAL AID SESSION ONLY (This session is for parents who want to focus solely on tuition and financial aid, how to complete the FACTS Financial Aid Form, etc. Please note that we will touch on tuition and financial aid in all of the sessions; however, the Oct. 22 session will be dedicated exclusively to this topic.)
• Wednesday, November 13 - 6:30 - 8 p.m.

Register for a Parent Info Session at www.mercymcauley.org/InfoSessions.
Mercy McAuley Shadow Day Registration
Now Open

Eighth grade girls are invited to experience Mercy McAuley by scheduling a Shadow Day! On their Shadow Day, eighth graders will spend a day with a Mercy McAuley Student Ambassador. They’ll experience her classes, teachers and schedule, meet other Mercy McAuley students and get a sense for what it’s like to be a Mercy McAuley Wolf. A variety of dates are available from September through November. Register at www.mercymcauley.org/Shadow.

6th & 7th Grade Girls Invited to Join Mercy McAuley Wolf Pals Program

Sixth and seventh grade girls are invited to join Mercy McAuley’s Wolf Pals Program! Similar to a traditional “pen pal” program, the Wolf Pals Program connects 6th and 7th graders with a Mercy McAuley Student Ambassador, who will mail them a letter at least once a quarter - or as often as the pals want to write to each other. This is an easy way for sixth and seventh grade girls to get to know a Mercy McAuley student, find out what she likes about Mercy McAuley, and make a new friend! To learn more and to register for the program, visit www.mercymcauley.org/WolfPals.

Mount Notre Dame News
Shadowing at MND

Eighth grade girls are welcome to spend a full school day “shadowing” a current MND freshman or sophomore to experience a day in the life of an MND student and see what MND is all about! MND encourages students to choose a day when their grade schools/junior high schools are not in session. The dates listed below are available for visiting eighth graders:
• September 9, 10, 16, 17, 18, 23, 25, 27, 30
• October 2, 4, 7, 8, 9, 14, 15, 21, 22, 23, 28, 29
• November 5, 6, 11, 12, 13, 19
• December 4, 6
• January 24, 27
Please register at www.mndhs.org/admissions.

New MND Website

Mount Notre Dame is pleased to announce the launch of a redesigned website at www.mndhs.org. The site features a clean, modern interface and includes aesthetic enhancements to provide a more engaging user experience for both current and prospective students and families. Enhanced navigation and search options are included to help visitors easily find information. Please be sure to check it out!

Seton News
SHADOW at SETON!

All 8th grade girls are invited to SHADOW at SETON! We are excited to have you join us and be a Saint for a Day as you shadow a current Seton student and experience how we are anchored in academic excellence! Sail into our upgraded campus and you’ll get to see our new windows, air conditioning, lighting, Halo Café, Coffee Shop and The Grove! Shadow days are available from Sept. 20-Nov. 26. Spots fill up quickly, so please fill out your shadow request online at www.setoncincinnati.org. Please contact our Director of Advancement, Sarah Cranley Lykins ’02, at 513-471-2600 ext. 2422 or lykinss@setoncincinnati.org with any questions. #SailAtSeton #AnchoredInExcellence

Moeller News
Moeller Shadow Days

It’s already time for shadow days! We can’t wait to meet your son and to introduce him to the offerings here at Moeller. We tailor each day to your son’s interests and goals he has for his high school experience. There’s a lot to do this year to find the right school for your son and your family - a shadow day at Moeller is the perfect place to begin. Schedule your son’s shadow day at https://www.moeller.org/admissions/shadow-at-moeller. You will also find out about information sessions, parent tours, and other events where we can show you what Moeller can do for your family.
<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>High School Placement Test</strong></td>
<td>November 23, 8:30 am–12:00pm</td>
<td>All 8th grade girls must take the High School Placement Test to apply to Saint Ursula Academy. We host a test site and accept test scores taken at any other Catholic school in the city.</td>
</tr>
<tr>
<td><strong>Educational Services Program Information Night</strong></td>
<td>September 4, 6:30 pm – 7:30 pm</td>
<td>Meet teachers from our Educational Services Program and find out how Saint Ursula supports students with identified learning disabilities.</td>
</tr>
<tr>
<td><strong>Grade School Volleyball Night</strong></td>
<td>October 1, 6:30 pm</td>
<td>Come cheer on the Saint Ursula Academy Varsity Volleyball Team when the Bulldogs take on Notre Dame Academy. <strong>Free student admission</strong> (parents and coaches too!) when you wear your school spirit wear. Enter to win prizes between matches (winners must be present)!</td>
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<tr>
<td><strong>Financial Aid Information Night</strong></td>
<td>October 16, 7:00 – 8:00 pm</td>
<td>This session will include an overview of the financial aid application process, the FACTS tuition payment and aid application system, and Q&amp;A with Business Office staff.</td>
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<tr>
<td><strong>Spotlight Night</strong></td>
<td>November 6 &amp; December 3, 6:30 - 8:00 pm</td>
<td>This hour program for 7th and 8th graders and parents will shine a spotlight on the many parts of the Saint Ursula education. Get inside information on academic programs, student life and more!</td>
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<tr>
<td><strong>Dinner and a Show!</strong></td>
<td>November 20, 7:00 pm</td>
<td>8th grade girls, come see our SUA fall production: <strong>The Drowsy Chaperone</strong> dress rehearsal. Tickets for the event will be half price ($5) and the evening will include a pizza dinner in our Keller Student Center from 6:00 – 6:30 pm. Tickets are limited to two per student and are on a first come, first served basis.</td>
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Saint Ursula Academy is a dynamic Catholic educational community rooted in the Ursuline core values. Saint Ursula promotes academic excellence, honors the uniqueness of each person, and transforms young women into thinkers, leaders, nurturers, and prophets committed to building a better world.
Junior Tennis Clinics
October 7—December 1, 2019
(8—weeks—Clinics will be prorated for Halloween and Thanksgiving)

**Junior Aces—Ages 3-4**
Wednesday 1-1:45 pm or 5:45 pm
Member—$90  Community—$108

**Mighty Mites—Ages 5-7**
Mon or Wed 6-7 pm or Sun 12:30-1:30 pm
Member—$132  Community—$158

**Future Stars —Ages 8-12**
Tues or Thurs 6-7 pm or Sun 1:30-2:30 pm
Member—$132  Community—$158

**School Champs —Ages 12+**
Tues or Thurs 4:30-6pm or Sun 2:30-4 pm
Member—$198  Community—$235

**Elite 10S—Competitive-highest level**
Mon or Wed or Fri 4:30-6 pm
Member—$198  Community—$235

Your kids will learn tennis and have fun too!

Call and sign up NOW!

Clinics are priced for one day—add a 2nd day receive 20% discount on 2nd day, add a 3rd day receive a 25% discount on 3rd day.

10% discount for siblings

Student membership is $37.99/month to receive member rate—plus student receives unlimited FREE practice court time

For more information please contact TJ Scheve
tscheve@westerntfc.com

YOUR FRIENDS ARE ALREADY HERE!