**Lunch Menu Sept. 3 - 6**

**Monday** - NO SCHOOL  Labor Day

**Tuesday** - Shredded pork BBQ sandwich, corn, fries, sliced peaches, milk

**Wednesday** - Chili 3-way, spaghetti, oyster crackers, shredded cheese, applesauce, milk

**Thursday** - Hot dogs, fries, green beans, pineapple, milk

**Friday** - Grilled cheese, broccoli, tomato soup, lime jell-o squares, milk

**Important Dates**

Sept. 2  Labor Day NO SCHOOL
Sept. 11  Picture Day
Sept. 18  School Committee mtg. 6:30, PTA Board mtg. 7:30

**Birthday Treats**

Parents: Birthday treats sent to school must be individually wrapped. These can be store bought, like Rice Krispy treats or Little Debbie snacks, or they can be treats you make, such as brownies or cookies. Even candy can be brought and placed in individual baggies. A cupcake is not an individually wrapped treat unless you wrap it, see picture.

We are trying to avoid the student touching each treat/cupcake, then licking the icing off their fingers and touching the next cupcake/treat. Also drinks are not to be brought with a treat.

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**From the Desk of Mr. Metz**

Dear St. Catharine Parents,

**Welcome Back**

We are off to a fantastic new school year. We have a wonderful kindergarten class of 20 students that are very excited to be with us; our total enrollment for this year is 165 students from 122 different families. Yesterday morning we held our first prayer service to kick off the new year and our 8th graders did a wonderful job with the readings, prayers and singing.

**New Faculty and Staff Members**

I would like to welcome two new faculty members to our staff this year. Mr. Brown comes to us from Bridgetown Middle School and he will be teaching the junior high students. We also have a new art teacher this year, Mrs. Vogel, she will be teaching grades K-8. Also joining us are Mrs. Johnson and Mrs. Smyth. Mrs. Johnson will be our new librarian and also help out as a kindergarten aide. Mrs. Smyth will be an aide for various grades. We are proud to welcome these new faculty members to our St. Catharine family!

**Opening Packets**

All families were given a packet of important paperwork to be filled out and returned to school as soon as possible. If you have not already received this packet, please be sure to ask your youngest child about it.

**Ice Cream Social**

I would like to thank our wonderful PTA for dishing out hundreds of dishes of ice cream last Thursday evening. This event was very well attended and I have received many compliments from parents, grandparents and others about how nice our students are.

Mr. Jerry Metz
Principal
“Booking the Gym, Cafeteria, and other Meeting Rooms”

Any school or church organization or sports team in need of reserving the Gymnasium, Cafeteria, Parish Meeting Room, Courtyard, Room 9 or Rectory Meeting Room MUST contact the Parish Office in advance at 661-0651 or email: mukuda_j@stcatharinesiena.org to avoid any conflicts. This includes meetings, parties, practices and games.

Thank you!  
Julie Mukuda Church Secretary

LaRosa’s Buddy Cards for the Labor Day weekend!

Stop by the school office and get your Buddy Card in time for the holiday weekend! Only $10.00 - 14 offers on each card. “Buy any Large Pizza, get a Large Cheese Pizza FREE”
All proceeds benefit St. Catharine PTA.

2019-2020 ST. CATHARINE’S GIRL’S VOLLEYBALL SIGNUPS

Grades 3rd – 8th

Season runs November 2019 – January 2020
All sign ups due 9/2/2019
Practices start first week of November with games beginning first week of December

Sign up and pay via paypal at: http://stc-athletics.org/athletics/volleyball/

Or mail checks to:
St. Catharine Athletic Assoc.
3028 Daytona Avenue
Cincinnati, OH 45211

We are seeking assistant coaches for all teams.
Please email me if you are interested.
Any questions, please contact Daneale Williams

Email: stcatharinevolleyball@gmail.com
Phone: 513.218.7233
Mercy McAuley Shadow Day Registration Now Open

Eighth grade girls are invited to experience Mercy McAuley by scheduling a Shadow Day! On their Shadow Day, eighth graders will spend a day with a Mercy McAuley Student Ambassador. They'll experience her classes, teachers and schedule, meet other Mercy McAuley students and get a sense for what it's like to be a Mercy McAuley Wolf. A variety of dates are available from September through November. Register at www.mercymcauley.org/Shadow.

Mercy McAuley High School Holds Grade School Soccer Night on September 9

Mercy McAuley High School, located at 6000 Oakwood Avenue in College Hill, will hold a Grade School Soccer Night on Monday, September 9. The varsity game begins at 6:15 p.m., when the Mercy McAuley Wolves will take on St. Ursula. Grade school girls who attend will receive free admission to the game, will enjoy snacks and giveaways, and will learn cheers with current Mercy McAuley students. Any questions can be directed to Alli Miazga, Recruitment & Admissions Coordinator, at (513) 681-1800 x2272 or miazgaa@mercymcauley.org.

Mercy McAuley Offers 8th Grade Parent Info Sessions

Eighth grade parents are invited to attend a Parent Information Session to learn more about Mercy McAuley directly from school leaders. These sessions will cover topics including: Academics, Schedule and Technology; Counseling and Student Services; Faith, Service and Campus Ministry; Athletics and Extracurriculars; and Tuition and Financial Aid. Parents will have the opportunity to ask questions. These sessions are conducted in a smaller group format, different from an Open House. Sessions will be held on the following dates:

- Wednesday, September 11 - 8 to 9:30 a.m.
- Wednesday, September 25 - 6:30 to 8 p.m.
- Thursday, October 10 - 6:30 to 8 p.m.
- Monday, October 14 - 8 to 9:30 a.m.
- Tuesday, October 22 - 6:30 to 8 p.m. TUITION & FINANCIAL AID SESSION ONLY (This session is for parents who want to focus solely on tuition and financial aid, how to complete the FACTS Financial Aid Form, etc. Please note that we will touch on tuition and financial aid in all of the sessions; however, the Oct. 22 session will be dedicated exclusively to this topic.)
- Wednesday, November 13 - 6:30 - 8 p.m.

Register for a Parent Info Session at www.mercymcauley.org/InfoSessions.

6th & 7th Grade Girls Invited to Join Mercy McAuley Wolf Pals Program

Sixth and seventh grade girls are invited to join Mercy McAuley's Wolf Pals Program! Similar to a traditional "pen pal" program, the Wolf Pals Program connects 6th and 7th graders with a Mercy McAuley Student Ambassador, who will mail them a letter at least once a quarter - or as often as the pals want to write to each other. This is an easy way for sixth and seventh grade girls to get to know a Mercy McAuley student, find out what she likes about Mercy McAuley, and make a new friend! To learn more and to register for the program, visit www.mercymcauley.org/WolfPals.
OPEN HOUSE
SUNDAY, NOVEMBER 17

Join us for Open House on Sunday November 17 from 1 – 4 p.m. We welcome ALL prospective families to experience our campus.

X-PERIENCE DAYS
BEGIN SEPTEMBER 10

Register for an X-Perience Day (also known as shadowing.) Open dates can be found at stxavier.org/admissions

HSPT (High School Placement Test)

SATURDAY, NOVEMBER 23

Prep classes at St. X take place on November 2 and 9. Sign-ups for the class can be found at stxavier.org/admissions

Applications must be complete no later than Friday, November 29
Shadow Days
Beginning on September 23\textsuperscript{rd}
This is the best opportunity to for an 8\textsuperscript{th} Grader to see Elder High School!

Open House
Thursday, November 14\textsuperscript{th} 5:00-8:00 PM
Come for a tour of our historic and newly-renovated campus, meet our faculty/staff, and learn about what makes Elder so great!

High School Placement Test (HSPT)
Saturday, November 23\textsuperscript{rd} 8:30 AM-12:30 PM
Prep Class is available on November 9\textsuperscript{th}.
HSPT is a requirement for incoming freshman.

Find more information, sign-ups, and application at \url{www.elderhs.org/admissions}

Priority Application Deadline on Friday, December 6\textsuperscript{th}
DANCE FOR BOYS, 3-5 year olds  
Mondays, 4:30-5:30pm  
LaRosa’s Dance Studio  
Instructor: Zac Holman  
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comraderie and appreciation for the art of dance.  
Registration: $75

DANCE FOR BOYS, 6-10 year olds  
Mondays, 5:30-6:30pm  
LaRosa’s Dance Studio  
Instructor: Zac Holman  
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comraderie and appreciation for the art of dance.  
Registration: $75

MUSICAL THEATER DANCE, 9-13 year olds  
Tuesdays, 6-7pm  
LaRosa’s Dance Studio  
Instructor: Sarah Willis  
This class is perfect for those who have 1-2 years of dance experience (in any style) and want to increase their skills and experience in musical theatre dance. Students will learn age-appropriate routines set to musical theatre favorites in a variety of styles ranging from golden age to contemporary. Dancers will work on telling a story while they dance, as well as learn basic turns, kicks and leaps to prepare them for advanced training.  
Registration: $75

CREATE YOUR OWN PLAY, 10-13 year olds  
Wednesdays, 5:30-6:30pm  
LaRosa’s Dance Studio  
Instructor: Jackie Smith  
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more!  
Registration: $75; Material fee: $15; Total: $90

MUSICAL THEATRE DANCE INTENSIVE: TECHNIQUE AGES 14+  
Thursdays, 6-7:30pm  
LaRosa’s Dance Studio  
Instructor: Maggie Perrino  
This class is a fantassic way to practice skills needed for advanced level musical theatre. Emphasis will be on learning a variety of styles, picking up choreography, technique, and audition prep. This class will take the time to break down more complex steps and will move at a moderate pace.  
Registration: $75 or $12 drop-in rate

ZUMBINI, Ages 0-4  
Saturdays, 10-11am  
LaRosa’s Dance Studio  
Instructor: Ashley Dobrogosz  
Zumbini is the perfect blend of dance, music, and fun for children ages 0-4 and their caregivers. Classes focus on social-emotional development, fine and gross motor skills, language proficiencies, and bonding between little ones and the adults they love!  
Registration: $75 per child

WERK IT CARDIO, Ages 18+  
Saturdays, 11am-noon  
LaRosa’s Dance Studio  
Instructor: Jeremy Cox  
This high intensity dance fitness class incorporates fitness routines and party dropping choreography with some of your favorite pop songs. Leave your stress behind and set your fierce self free in this safe, fun, judgement-free zone class.  
Registration: $50 or $10 drop-in rate

IMPROV FOR TEENS, 13-18 year olds  
Saturdays, noon-1pm  
LaRosa’s Dance Studio  
Instructor: Zach Robinson  
Improv, short for improvisation, is a fast-paced, often hilarious form of theater. Learn how to think on your feet, be a better communicator, and have fun!  
No experience necessary. Great for beginners!  
Registration: $75

IMPROV FOR ADULTS, Ages 18+  
Saturdays, 1-2:30pm  
LaRosa’s Dance Studio  
Instructor: Zach Robinson  
Improv, short for improvisation, is a fast-paced, often hilarious form of theater. Learn how to think on your feet, be a better communicator, and have fun!  
No experience necessary. Great for beginners or people with 1-2 years experience in improv practices.  
Registration: $100

PRE-K BALLET, 3-5 year olds  
Mondays, 4:30-5:15pm  
Richard & Helen Hand Dance Studio  
Instructor: Ashley Dobrogosz  
Does your child love tutus and ballet slippers? This beginner class introduces the basics of ballet that will help us move these students will work on their rhythm, comraderie and appreciation for the art of dance.  
Registration: $75

JAZZ/MODERN, 11-14 year olds  
Mondays, 5:30-6:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Ashley Dobrogosz  
This class will give young dancers a look at what jazz dance really is! Jazz is one of the most diverse genres that can have influences of modern, ballet, musical theater, and contemporary. With fun, upbeat music to help us move these students will work on their rhythm, flexibility, and strength!  
Registration: $75

BASIC THEATER & DRAMA, 12-16 year olds  
Tuesdays, 5:30-6:30pm  
Richard & Helen Hand Dance Studio  
Instructor: Keith Minnery  
This class is a general introduction to theater for students who want to learn more about acting. The class will review basic terminology and fundamentals and includes a parent showcase the last week of class.  
Registration: $75

For more information or to register, visit:  
www.CLPshows.org/MEC
DANCE FOR BOYS, 3-5 year olds
Mondays, 4:30-5:30pm
LaRosa’s Dance Studio
Instructor: Zac Holman
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance. Registration: $75

DANCE FOR BOYS, 6-10 year olds
Mondays, 5:30-6:30pm
LaRosa’s Dance Studio
Instructor: Zac Holman
Let’s hear it for the boys! This class will explore various movement styles in a class that promotes comradery and appreciation for the art of dance. Registration: $75

INTRO TO DANCE, 5-8 year olds
Wednesdays, 5:30-6:30pm
LaRosa’s Dance Studio
Instructor: Maddie Vaughn
This class is great for students who have never taken a dance class but want to know more about the study of dance. A variety of styles will be explored and a technical foundation will be built, but all in a recreational, fun setting. Registration: $75

INTRO TO DANCE, 8-12 year olds
Wednesdays, 6:30-7:30pm
Richard & Helen Hand Dance Studio
Instructor: Maddie Vaughn
This class is great for students who have never taken a dance class but want to know more about the study of dance. A variety of styles will be explored and a technical foundation will be built, but all in a recreational, fun setting. Registration: $75

INTRO TO TAP, Ages 16+
Wednesdays, 6:30-7:30pm
LaRosa’s Dance Studio
Instructor: Katey Blood
Always wanted to learn how to tap but never had the time? Here’s your chance! Join us as we cover the basics of tap in a casual and fun learning environment. Registration: $75 or $12 drop-in rate

ZUMBINI, Ages 0-4
Saturdays, 10-11am
LaRosa’s Dance Studio
Zumbini is the perfect blend of dance, music, and fun for children ages 0-4 and their caregivers. Classes focus on social-emotional development, fine and gross motor skills, language proficiencies, and bonding between little ones and the adults they love! Registration: $75 per child

STORY TIME YOGA, 3-8 year olds
Saturdays, 11am-noon
LaRosa’s Dance Studio
Instructor: Annie Fletcher
It’s a story with a twist- literally! Join us for a unique story time that incorporates yoga-inspired elements for a literacy class that’s tons of fun. Registration: $50 or $10 drop-in rate, per child

PRE-K BALLET, 3-5 year olds
Mondays, 4:30-5:15pm
Richard & Helen Hand Dance Studio
Instructor: Ashley Dobrogosz
Does your child love tutus and ballet slippers? This beginner class introduces the basics of ballet that every tiny dancer needs to know. While incorporating creative activities/games to get your little one moving they will learn the basics of ballet in a fun, positive atmosphere. Registration: $75

PUPPET PALOOZA, 4-8 year olds
Tuesdays, 6:30-7:30pm
Richard & Helen Hand Dance Studio
Instructor: Karie Gipson
Every Tuesday is a puppet party at the MEC! Get hands on with awesome Madcap Puppets, see some mini stories like "The Gingerbread Man," and create some of your own puppets to take home! Registration: $75; Materials fee: $10; Total: $85

WHAT’S THE STORY? 12-16 year olds
Tuesdays, 7:30-8:30pm
Swath Art Studio
Instructor: Karie Gipson
What do Gone With the Wind, The Glass Menagerie, and Harry Potter and the Sorcerer’s Stone all have in common? A solid beginning, middle and end. Learn the ins and outs of being a great storyteller or screen writer in this one of a kind writing class. Registration: $75; Materials fee: $5; Total: $80

CREATE YOUR OWN PLAY, 3-5 year olds
Wednesdays, 3:30-4:30pm
Richard & Helen Hand Dance Studio
Instructor: Jackie Smith
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more! Registration: $75; Material fee: $15; Total: $90

CREATE YOUR OWN PLAY, 6-9 year olds
Wednesdays, 4:30-5:30pm
Richard & Helen Hand Dance Studio
Instructor: Jackie Smith
What goes into making a play? Students will look at all the details needed to make a play including scriptwriting, costumes, set design, acting, directing, and more! Registration: $75; Material fee: $15; Total: $90

For more information or to register, visit: www.CLPshows.org/MEC
SMALL GROUP MUSICAL THEATER SINGING
Saturdays, 11am-noon
Music Studio
Instructor: Samantha Bicknell
This small-group class is perfect for those with singing experience who want to improve vocal flexibility and strengthen their voice performance. Enrollment limited to 6 participants.
Registration: $225

ZUMBA
Tuesdays, 7-8pm
LaRosa’s Dance Studio
Instructor: Sarah Willis
Zumba® is a full-body dance fitness party that mixes low-intensity and high-intensity moves for a super fun workout! Set to Latin and World music, you’ll have a blast while also working on all elements of fitness: cardio, muscle conditioning, balance, and flexibility.
Registration: $75 or $7 drop-in rate

PAY WHAT YOU CAN YOGA
Saturdays, 9-10am
LaRosa’s Dance Studio
Instructor: Kate Burkhardt-Pond
This yoga class is a fun, beginner-friendly introduction to yoga but is great for experienced yogis as well! No set fee, simply pay what you can when you get here, no registration needed.
Registration: Pay what you can! Cash or check only. Note: Arrive early, as spots go fast!

PUPPET MAKING FOR ADULTS
Thursdays, 6:30-8pm
Swath Art Studio
Instructor: Melanie Mortimore
Fans of puppets rejoice! You can now make your very own one-of-a-kind character. If you grew up watching the Muppets, Eureka’s Castle, or even Howdy Doody, this class is for you. Learn the basics of puppet making from Madcap’s trained and professional staff. This class allows you to make your very own best friend from concept to finished product. A unique experience for anyone wanting to try something new!
Registration: $225; Material fee: $25; Total: $250

PRIVATE LESSONS?
The Madcap Education Center offers private lessons - beginning as young as 4 years old - in piano, guitar, vocal music, bass and more! And private acting coaching is now available for ages 12 and up. Email Blaire Bartish at blairebartish@clpshows.org for more information!

For more information or to register, visit:
www.CLPshows.org/MEC

Madcap Education Center
3064 Harrison Ave. • Cincinnati OH 45211 • (513) 241-6550
Junior Tennis Clinics
October 7—December 1, 2019
(8—weeks—Clinics will be prorated for Halloween and Thanksgiving)

Junior Aces—Ages 3-4
Wednesday 1:15 pm or 5:15 pm
Member—$90 Community—$108

Mighty Mites—Ages 5-7
Mon or Wed 6:30 pm or Sun 12:30-1:30 pm
Member—$132 Community—$158

Future Stars —Ages 8-12
Tues or Thurs 6:30 pm or Sun 1:30-2:30 pm
Member—$132 Community—$158

School Champs —Ages 12+
Tues or Thurs 4:30-6 pm or Sun 2:30-4 pm
Member—$198 Community—$235

Elite 10S—Competitive—highest level
Mon or Wed or Fri 4:30-6 pm
Member—$198 Community—$235

Your kids will learn tennis and have fun too!

Call and sign up NOW!

Clinics are priced for one day—add a 2nd day receive 20% discount on 2nd day, add a 3rd day receive a 25% discount on 3rd day.

10% discount for siblings

Student membership is $37.99/month to receive member rate—plus student receives unlimited FREE practice court time

For more information please contact TJ Scheve
tscheve@westerntfc.com